



Skin Testing

Any testing that may be required will be discussed with the provider at the time of your appointment. We may be able to do skin testing, if indicated, but our testing protocol requires that patients not take any antihistamines for five (5) days prior to skin testing. If you are taking antihistamines prescribed by your physician or if you have significant skin irritation or hives, please do not discontinue the antihistamines. Any skin testing that is required will be scheduled after you have seen a provider here.

The more common antihistamines are listed below. This is not a complete list of all antihistamines. Many over-the-counter medications and combination drugs contain antihistamines. If you are uncertain if the medication you are taking contains an antihistamine, please do not hesitate to call our office or check with your primary care physician or local pharmacist.

NAME BRAND ANTIHISTAMINES	
Advil PM	Pepcid (famotidine)
Alavert	Periactin
Alka Seltzer Plus Cold	Phenergan
Allegra	Tagamet (cimetidine)
Antivert	Tavist
Astelin Nasal Spray	Tussionex
Atarax	Tylenol Allergy
Benadryl	Tylenol Cold
Bromfed	Tylenol Flu
Claritin	Tylenol PM
Clarinex	Unisom
Deconamine	Vistaril
Dimetapp Cold & Allergy	Xyzal (levocetirizine)
Doxepin	Zantac (ranitidine)

Extendryl	ZQuil
Hycomine Compound	Zyrtec
Kronofed	OTC cough & cold medications
Meclizine	OTC sleep medications
Nyquil	Any medication with "sinus", "allergy" or "hist" in the name
Eye drops:	Patanol, Pataday, Pazeo
	Zaditor/Alaway
Nasal Spray:	Patanase, azelastine, astelin
GENERIC ANTIHISTAMINES	
acrivastine	diphenhydramine
azelastine	fexofenadine
brompheniramine	hydroxyzine
cetirizine	loratadine
chlorpheniramine	promethazine
cyproheptadine	pyrilamine
desloratadine	levocetirizine
Olapatadine eye drops	Ketotifen eye drops
Olopatadine nasal spray	

Signature
Patient

Name of Patient

Relationship to

Printed Name	Date of Birth of Patient	Date form signed
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AAA Witness Signature	Date	Witness Printed
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