



Patient Name: _____ Date of Birth: _____

Please list the Medical Provider who referred you to our office: _____

What is your chief complaint or primary reason for coming in today?

- | | |
|--|---|
| <input type="radio"/> Nasal Allergies | <input type="radio"/> Eye Allergies |
| <input type="radio"/> Asthma/Trouble Breathing | <input type="radio"/> Possible Food Allergies |
| <input type="radio"/> Eczema | <input type="radio"/> Hives |
| <input type="radio"/> Rash | <input type="radio"/> Sinus Infection |
| <input type="radio"/> Post Nasal Drip/Drainage | <input type="radio"/> Skin Swelling |
| <input type="radio"/> Cough | <input type="radio"/> Other: _____ |

PAST MEDICAL HISTORY:

Has the patient been diagnosed with one of the following conditions: Please check all that apply.

- | | | | |
|---|---|---|------------------------------------|
| <input type="radio"/> None | <input type="radio"/> Seasonal Allergies | <input type="radio"/> Asthma | <input type="radio"/> Eczema |
| <input type="radio"/> Eye Allergy | <input type="radio"/> Contact Allergy (Latex/Jewelry/etc.) | <input type="radio"/> Chronic Sinus Infections | <input type="radio"/> Drug Allergy |
| <input type="radio"/> Eosinophilic Esophagitis | <input type="radio"/> Angioedema | | |

Has the patient ever been formally diagnosed with an insect allergy that required Epinephrine and/or emergency medical services (911, ER visit, ambulance)? If so, which insect?

- | | | |
|----------------------------|--|---|
| <input type="radio"/> None | <input type="radio"/> Ant | <input type="radio"/> Bee |
| <input type="radio"/> Wasp | <input type="radio"/> Yellow Jacket/Hornet | <input type="radio"/> Yes, but not identified |

Which of the non-allergy conditions has the patient been diagnosed with: (Please check all that apply)

- | | | | |
|------------------------------------|---|--------------------------------------|--|
| <input type="radio"/> None | <input type="radio"/> Lactose Intolerance | <input type="radio"/> Celiac Disease | <input type="radio"/> Food Intolerance or Sensitivity |
| <input type="radio"/> Acid Reflux | <input type="radio"/> Anxiety | <input type="radio"/> Depression | <input type="radio"/> Low Thyroid |
| <input type="radio"/> High Thyroid | <input type="radio"/> High Blood Pressure | <input type="radio"/> COPD | <input type="radio"/> Emphysema |
| <input type="radio"/> Sleep Apnea | <input type="radio"/> Heart Disease | <input type="radio"/> Lupus | <input type="radio"/> Rheumatoid Arthritis |

Has the patient ever been allergy tested before? Circle one: YES NO

Has the patient ever been on allergy shots? Circle one: YES NO

Are the Patient's immunizations up to date?



Patient Name: _____ Date of Birth: _____
☐ Yes ☐ No Immunizations ☐ Incomplete ☐ Delayed Schedule

Has the patient ever been hospitalized overnight for Pneumonia, RSV, Asthma, or Bronchitis? (Do not include ER and Urgent Care visits where patient was sent home same day.)

- ☐ No ☐ Pneumonia ☐ Asthma ☐ RSV ☐ Bronchitis

Has the patient ever been admitted in a hospital ICU, NICU, or PICU? Please include approximate date and reason.

| ICU, NICU, or PICU | Reason | Approximate Date |
|--------------------|--------|------------------|
| | | |
| | | |
| | | |

SURGICAL HISTORY:

Has the patient ever undergone any of the following procedures: (Please check all that apply)

- ☐ None ☐ Tonsillectomy ☐ Adenoidectomy ☐ Sinus Surgery ☐ Tubes in Ears

Please list any other major surgeries the patient has undergone: (Please include Approximate Date)

- ☐ NONE

| Surgery: | Approximate Date: |
|----------|-------------------|
| | |
| | |
| | |
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| | |

FAMILY HISTORY: Does Patient's Mom, Dad, Brother, Sister, or Children have any of these conditions: Please check all that apply and **please note next to each condition which family member (e.g. Allergies – Mom)**

- | | | | |
|--|------------------------------------|--|---------------------------------------|
| <input type="radio"/> None | <input type="radio"/> Allergies | <input type="radio"/> Asthma | <input type="radio"/> Food Allergy |
| <input type="radio"/> Eczema | <input type="radio"/> Drug Allergy | <input type="radio"/> Cancer | <input type="radio"/> Thyroid Issues |
| <input type="radio"/> Eosinophilic Esophagitis | <input type="radio"/> Lupus | <input type="radio"/> Rheumatoid Arthritis | <input type="radio"/> Crohn's Disease |
| <input type="radio"/> Ulcerative Colitis | <input type="radio"/> Angioedema | | |



Patient Name: _____ Date of Birth: _____

SOCIAL HISTORY: Does the patient currently use or consume any of the following? (Please check all that apply)

- ☐ N/A
- ☐ Alcohol
- ☐ Drugs
- ☐ Cigarettes
- ☐ Packs per day _____
- ☐ How long did you smoke? _____
- ☐ Quit Date? _____

ENVIRONMENTAL HISTORY:

Does the patient have any of these pets living with them at home?

- ☐ None
- ☐ Dog
- ☐ Cat
- ☐ Horse
- ☐ Other: _____

Do you have or use any of the following items: (Please check all that apply)

- ☐ HEPA Filter
- ☐ Dust Mite covers for pillow or blanket
- ☐ Carpet in most of the home
- ☐ Air Ionizer
- ☐ Feather Comforter
- ☐ No Carpet/Very Little Carpet
- ☐ Humidifier
- ☐ Feather Pillows
- ☐ Vaporizer
- ☐ Carpet in Bedrooms

FOOD ALLERGIES: Has the patient ever been officially diagnosed with one of the following food allergies and prescribed Epinephrine?

- ☐ None
- ☐ Peanut
- ☐ Wheat
- ☐ Milk
- ☐ Tree Nuts
- ☐ Shellfish
- ☐ Egg
- ☐ Soy
- ☐ Fish

CURRENT MEDICATIONS: Please list all current medications: (Please include all allergy and non-allergy medications)

| | | | |
|--|--|--|--|
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REVIEW OF SYMPTOMS (ROS): Is the patient experiencing any of these symptoms? Please check all that apply.

- | | | |
|--|--|---|
| <input type="radio"/> Fever | <input type="radio"/> Headaches | <input type="radio"/> Chills |
| <input type="radio"/> Weight Gain/Loss | <input type="radio"/> Blurred Vision | <input type="radio"/> Double Vision |
| <input type="radio"/> Eye Pain | <input type="radio"/> Chest Pain | <input type="radio"/> Palpitations |
| <input type="radio"/> Shortness of Breath | <input type="radio"/> Wheezing | <input type="radio"/> Frequent Cough |
| <input type="radio"/> Sputum | <input type="radio"/> Abdominal Pain | <input type="radio"/> Indigestion |
| <input type="radio"/> Dark Stool | <input type="radio"/> Nausea/Vomiting | <input type="radio"/> Urine Retention |
| <input type="radio"/> Painful Urination | <input type="radio"/> Urinary Frequency | <input type="radio"/> Joint Pain |
| <input type="radio"/> Morning Stiffness | <input type="radio"/> Cramps | <input type="radio"/> Easy Bleeding |
| <input type="radio"/> Easy Bruising | <input type="radio"/> Rashes | <input type="radio"/> Tremors |
| <input type="radio"/> Numbness | <input type="radio"/> Dizzy Spells | <input type="radio"/> Excessive Thirst |
| <input type="radio"/> Too Hot/Cold | <input type="radio"/> Tired/Sluggish | <input type="radio"/> Sore Throat |
| <input type="radio"/> Frequent Throat Clearing | <input type="radio"/> Frequent Tonsillitis | <input type="radio"/> Itchy Throat/Hoarseness |
| <input type="radio"/> Cold Sores | <input type="radio"/> Sneezing | <input type="radio"/> Itching |
| <input type="radio"/> Sniffling | <input type="radio"/> Watery Mucus | <input type="radio"/> Nose Bleed |
| <input type="radio"/> Stuffy Nose | <input type="radio"/> Sinus Infections | <input type="radio"/> Snoring |
| <input type="radio"/> Nose Surgery | <input type="radio"/> Polyps | <input type="radio"/> Post-Nasal Drip |
| <input type="radio"/> Broken Nose | <input type="radio"/> Loss of Smell | <input type="radio"/> None |

MEDICATION INFORMATION: What medications has the patient used? (Please check all that apply)

- | | | |
|--|--|---|
| <input type="radio"/> Zyrtec/Cetirizine | <input type="radio"/> Claritin/Loratadine | <input type="radio"/> Allegra/Fexofenadine |
| <input type="radio"/> Hydroxyzine | <input type="radio"/> Benadryl | <input type="radio"/> Singulair/Montelukast |
| <input type="radio"/> Xyzal/Levocetirizine | <input type="radio"/> Flonase/Fluticasone | <input type="radio"/> Nasacort |
| <input type="radio"/> Rhinocort | <input type="radio"/> Nasonex | <input type="radio"/> Qnasl |
| <input type="radio"/> Veramyst | <input type="radio"/> Astelin/Azelastine | <input type="radio"/> Dymista |
| <input type="radio"/> Atrovent/Ipratropium Bromide Nasal Spray | <input type="radio"/> ProAir | <input type="radio"/> Ventolin |
| <input type="radio"/> Albuterol via nebulizer | <input type="radio"/> Budesonide/Pulmicort | <input type="radio"/> Flovent |
| <input type="radio"/> Advair | <input type="radio"/> Qvar | <input type="radio"/> Symbicort |
| <input type="radio"/> Dulera | <input type="radio"/> Breo | <input type="radio"/> Arnuity |
| <input type="radio"/> Zaditor/Ketotifen | <input type="radio"/> Pazeo | <input type="radio"/> Visine Allergy |
| <input type="radio"/> Pataday | <input type="radio"/> Other: _____ | |

Has the patient taken any antihistamines or medications containing antihistamines within five (5) days of the appointment? Including, but not limited to the following medications: Zyrtec, Claritin, Allegra, Xyzal, Alavert, Unisom, Zantac, Pepcid, Meclizine, Tylenol PM, Cold and Sinus Medicine. Circle one: YES NO