



Birth: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of

Please list the Medical Provider who referred you to our office: \_\_\_\_\_

What is your chief complaint or primary reason for coming in today?

- Nasal Allergies
- Asthma/Trouble Breathing
- Eczema
- Rash
- Post Nasal Drip/Drainage
- Cough
- Eye Allergies
- Possible Food Allergies
- Hives
- Sinus Infection
- Skin Swelling
- Other: \_\_\_\_\_

Please list all current medications: (Please include all allergy and non-allergy medications)


Is the patient experiencing any of these symptoms? Please check all that apply.

- Fever
- Weight Gain/Loss
- Eye Pain
- Shortness of Breath
- Sputum
- Dark Stool
- Painful Urination
- Morning Stiffness
- Easy Bruising
- Numbness
- Headaches
- Blurred Vision
- Chest Pain
- Wheezing
- Abdominal Pain
- Nausea/Vomiting
- Urinary Frequency
- Cramps
- Rashes
- Dizzy Spells
- Chills
- Double Vision
- Palpitations
- Frequent Cough
- Indigestion
- Urine Retention
- Joint Pain
- Easy Bleeding
- Tremors
- Excessive Thirst



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- |  |  |   |
|--|--|---|
| <input type="radio"/> Too Hot/Cold             | <input type="radio"/> Tired/Sluggish       | <input type="radio"/> Sore Throat             |
| <input type="radio"/> Frequent Throat Clearing | <input type="radio"/> Frequent Tonsillitis | <input type="radio"/> Itchy Throat/Hoarseness |
| <input type="radio"/> Cold Sores               | <input type="radio"/> Sneezing             | <input type="radio"/> Itching                 |
| <input type="radio"/> Sniffling                | <input type="radio"/> Watery Mucus         | <input type="radio"/> Nose Bleed              |
| <input type="radio"/> Stuffy Nose              | <input type="radio"/> Sinus Infections     | <input type="radio"/> Snoring                 |
| <input type="radio"/> Nose Surgery             | <input type="radio"/> Polyps               | <input type="radio"/> Post-Nasal Drip         |
| <input type="radio"/> Broken Nose              | <input type="radio"/> Loss of Smell        | <input type="radio"/> None                    |

Has the patient ever been officially diagnosed with one of the following food allergies and prescribed Epinephrine?

- |                              |                                 |                            |
|------------------------------|---------------------------------|----------------------------|
| <input type="radio"/> None   | <input type="radio"/> Milk      | <input type="radio"/> Egg  |
| <input type="radio"/> Peanut | <input type="radio"/> Tree Nuts | <input type="radio"/> Soy  |
| <input type="radio"/> Wheat  | <input type="radio"/> Shellfish | <input type="radio"/> Fish |

Has the patient been diagnosed with one of the following conditions: Please check all that apply.

- |   |   |   |                                    |
|---|---|---|------------------------------------|
| <input type="radio"/> None                        | <input type="radio"/> Seasonal Allergies                          | <input type="radio"/> Asthma                      | <input type="radio"/> Eczema       |
| <input type="radio"/> Eye Allergy                 | <input type="radio"/> Contact Allergy<br>(Latex/Jewelry/<br>etc.) | <input type="radio"/> Chronic Sinus<br>Infections | <input type="radio"/> Drug Allergy |
| <input type="radio"/> Eosinophilic<br>Esophagitis | <input type="radio"/> Angioedema                                  |   |                                    |

Has the patient taken any antihistamines or medications containing antihistamines within five (5) days of the appointment? Including, but not limited to the following medications: Zyrtec, Claritin, Allegra, Xyzal, Alavert, Unisom, Zantac, Pepcid, Meclizine, Tylenol PM, Cold and Sinus Medicine. Circle one: YES  
NO

Has the patient ever been formally diagnosed with an insect allergy that required Epinephrine and/or emergency medical services (911, ER visit, ambulance)? If so, which insect?

- |                            |  |   |
|----------------------------|--|---|
| <input type="radio"/> None | <input type="radio"/> Ant                  | <input type="radio"/> Bee                     |
| <input type="radio"/> Wasp | <input type="radio"/> Yellow Jacket/Hornet | <input type="radio"/> Yes, but not identified |



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What medications has the patient used? (Please check all that apply)

- |   |  |   |
|---|--|---|
| <input type="radio"/> Zyrtec/Cetirizine                       | <input type="radio"/> Claritin/Loratadine  | <input type="radio"/> Allegra/Fexofenadine  |
| <input type="radio"/> Hydroxyzine                             | <input type="radio"/> Benadryl             | <input type="radio"/> Singulair/Montelukast |
| <input type="radio"/> Xyzal/Levocetirizine                    | <input type="radio"/> Flonase/Fluticasone  | <input type="radio"/> Nasacort              |
| <input type="radio"/> Rhinocort                               | <input type="radio"/> Nasonex              | <input type="radio"/> Qnasl                 |
| <input type="radio"/> Veramyst                                | <input type="radio"/> Astelin/Azelastine   | <input type="radio"/> Dymista               |
| <input type="radio"/> Atrovent/Ipratopium Bromide Nasal Spray | <input type="radio"/> ProAir               | <input type="radio"/> Ventolin              |
| <input type="radio"/> Albuterol via nebulizer                 | <input type="radio"/> Budesonide/Pulmicort | <input type="radio"/> Flovent               |
| <input type="radio"/> Advair                                  | <input type="radio"/> Qvar                 | <input type="radio"/> Symbicort             |
| <input type="radio"/> Dulera                                  | <input type="radio"/> Breo                 | <input type="radio"/> Arnuity               |
| <input type="radio"/> Zaditor/Ketotifen                       | <input type="radio"/> Pazeo                | <input type="radio"/> Visine Allergy        |
| <input type="radio"/> Pataday                                 | <input type="radio"/> Other:<br>_____      |   |

Has the patient ever been allergy tested before? Circle one: YES NO

Has the patient ever been on allergy shots? Circle one: YES NO

Does the patient currently use or consume any of the following? (Please check all that apply)

- |                           |                               |                             |  |
|---------------------------|-------------------------------|-----------------------------|--|
| <input type="radio"/> N/A | <input type="radio"/> Alcohol | <input type="radio"/> Drugs | <input type="radio"/> Cigarettes<br>Packs per day<br>_____ |
|                           |                               |                             | <input type="radio"/> How long did you smoke?<br>_____     |
|                           |                               |                             | <input type="radio"/> Quit Date?<br>_____                  |

Do you have or use any of the following items: (Please check all that apply)

- |  |   |                                       |  |
|--|---|---------------------------------------|--|
| <input type="radio"/> HEPA Filter                            | <input type="radio"/> Air Ionizer       | <input type="radio"/> Humidifier      | <input type="radio"/> Vaporizer          |
| <input type="radio"/> Dust Mite covers for pillow or blanket | <input type="radio"/> Feather Comforter | <input type="radio"/> Feather Pillows | <input type="radio"/> Carpet in Bedrooms |



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- Carpet in most of the home
- No Carpet/Very Little Carpet

Which of the non-allergy conditions has the patient been diagnosed with: (Please check all that apply)

- None
- Lactose Intolerance
- Celiac Disease
- Food Intolerance or Sensitivity
- Acid Reflux
- Anxiety
- Depression
- Low Thyroid
- High Thyroid
- High Blood Pressure
- COPD
- Emphysema
- Sleep Apnea
- Heart Disease
- Lupus
- Rheumatoid Arthritis

Has the patient ever undergone any of the following procedures: (Please check all that apply)

- None
- Tonsillectomy
- Adenoidectomy
- Sinus Surgery
- Tubes in Ears

Please list any other major surgeries the patient has undergone: (Please include Approximate Date)

- NONE

Surgery:	Approximate Date:

Does Patient's Mom, Dad, Brother, Sister, or Children have any of these conditions: (Please check all that apply)

- None
- Allergies
- Asthma
- Food Allergy
- Eczema
- Drug Allergy
- Cancer
- Thyroid Issues
- Eosinophilic Esophagitis
- Lupus
- Rheumatoid Arthritis
- Crohn's Disease
- Ulcerative Colitis
- Angioedema



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Are the Patient's immunizations up to date?

- Yes                       No Immunizations                       Incomplete                       Delayed Schedule

Has the patient ever been hospitalized overnight for Pneumonia, RSV, Asthma, or Bronchitis? (Do not include ER and Urgent Care visits where patient was sent home same day.)

- No                       Pneumonia                       Asthma                       RSV                       Bronchitis

Has the patient ever been admitted in a hospital ICU, NICU, or PICU? Please include approximate date and reason.

ICU, NICU, or PICU	Reason	Approximate Date

Does the patient have any of these pets living with them at home?

- None                       Dog                       Cat                       Horse                       Other: \_\_\_\_\_